



## Foundations Intensive Programme

### Weekly Vocabulary Quiz Lists

#### Level 1 Vocabulary Quizzes – Cycle 1 & Cycle 3

#	Quiz 1	Quiz 2	Quiz 3	Quiz 4	Quiz 5	Quiz 6
1	actor/actress	across	activity	air	advice	afraid
2	artist	add	alone	apartment	agree	angry
3	aunt	airport	another	bicycle	bake	arrive
4	autumn	around	bring	build	bowl	break
5	businessman /businesswoman	art	camping	centre	call	careful
6	clear	bridge	everyone /everybody	collect	candy	check
7	cloud/cloudy	busy	everywhere	comfortable	carrot	climb
8	club	become	excellent	company	click	complete
9	cool	capital	fail	cost	dish	correct
10	cousin	chat	fall	dirty	empty	cut
11	dancer	east	fishing	engineer	fork	dead
12	desert	exercise	heart	far	gift	enter
13	dry	follow	hit	fire	grow	exit
14	farmer	front	join	friendly	hate	future
15	fashion	full	move	furniture	keep	happen
16	file	healthy/health	national	grade	neighbor	heavy
17	forest	lake	nature	lift	oil	jump
18	grandfather /grandmother	left	pain	middle	onion	let
19	hobby	library	prize	mirror	pepper	past
20	information	map	race	noisy	pull	petrol
21	island	mountain	rest	nurse	rich	return
22	laugh	north	running	off	sauce	sell
23	manager	opposite	strong	office	share	single
24	match	over	surprise /surprised	photo	sick	sound
25	moon	price	team	pilot	special	stand
26	singer	simple	thin	plastic	spoon	straight
27	sky	south	top	quiet	stomach	twice
28	spring	tourist	true	traffic	thirsty	wash/washing
29	uncle	turn	usually	trip	try	without
30	win	west	winner	way	type	worry/worried



### Level 2 Vocabulary Quizzes – Cycle 1 & Cycle 3

#	Quiz 1	Quiz 2	Quiz 3	Quiz 4	Quiz 5	Quiz 6
1	area	advertisement	a few	accident	badly	adventure
2	available	aged	a little	actually	bit	ambulance
3	believe	battery	advanced	almost	borrow	attractive
4	castle	biology	afterwards	already	cheque	belt
5	clearly	brain	against	appointment	colleague	blood
6	concert	bright	anybody	broken	cupboard	detail
7	countryside	chemistry	anyone	carefully	customer	danger
8	cycling	contact	anyway	competition	department	dangerous
9	during	decide	anywhere	cover	discount	difference
10	enough	degree	brilliant	crowd	double	dying
11	fact	electricity	delay	dream	earn	exactly
12	field	even	discuss	entrance	envelope	exist
13	finally	geography	document	ever	Euro	fair
14	guest	guess	easily	fit	gold	flight
15	hold	history	explain	glove	latest	grow up
16	however	improve	extra	goal	licence	herself
17	include	including	find out sth	hill	member	himself
18	interested	instead	foreign	least	model	hurt
19	international	less	form	medicine	pence	mad
20	journey	matter	guide	prefer	per	make-up
21	just	memory	idea	prepare	post office	ourselves
22	lovely	must	normal	probably	pound	passenger
23	luck	negative	notice	roof	real	queen
24	lucky	own	polite	round	receipt	ruler
25	mix	perfect	pupil	runner	rent	several
26	modern	physics	reason	snake	rented	star
27	nearly	programme	rock	strange	sheet	terrible
28	offer	record	sign	temperature	shut	themselves
29	piece	science	speaker	throw	size	towel
30	popular	software	spoken	tyre	stamp	underground
31	quite	staff	tour	weekly	steal	visitor
32	receive	stair	unfortunately	wet	tidy	well known
33	spend	still	variety	whole	upset	wheel
34	unusual	suit	view	wool	upsetting	worrying
35	wild	useful	while	yet	worse/worst	yourself



### Level 3 Vocabulary Quizzes – Cycle 1 & Cycle 3

#	Quiz 1	Quiz 2	Quiz 3	Quiz 4	Quiz 5	Quiz 6
1	alive	achieve	act	achievement	admire	ability
2	attack	advantage	action	active	appear	advise
3	behaviour	afford	affordable	allow	article	decrease
4	benefit	ancient	amount	although	audience	experiment
5	calm	avoid	annual	argue	beauty	extremely
6	certain	basic	arrange	average	attract	generally
7	certificate	bury	breath	bite	bin	intelligent
8	common	challenge	burn	choice	care	interest
9	communicate	charge	eastern	contain	collection	land
10	destroy	compare	climate	develop	comment	liquid
11	disappear	continue	coast	diet	complain	metal
12	due	control	completely	disease	conclusion	none
13	earth	crash	damage	distance	create	operation
14	emergency	design	disadvantage	divide	cultural	opinion
15	environment	discover	effect	education	culture	opportunity
16	event	dislike	farming	electronic	journalist	option
17	familiar	energy	flood	encourage	director	ordinary
18	feed	experience	fuel	equipment	drama	palace
19	generation	financial	government	essential	entertain	pay attention
20	gentle	injure	ground	false	employ	performance
21	human	method	heat	fight	employee	permit
22	hunt	object	huge	fix	employment	personally
23	invention	occasion	increase	float	fashionable	profession
24	involve	period	live	get on with	feeling	professor
25	main	positive	local	habit	festival	quantity
26	marriage	power	northern	illness	honest	raise
27	perform	prevent	ocean	imagine	improvement	rarely
28	phrase	behave	permanent	importance	industry	recently
29	pollution	relax	population	individual	interview	scientist
30	powerful	require	predict	ink	law	service
31	protect	research	provide	item	lead	society
32	result	respect	rate	likely	minimum	stranger
33	separate	season	reduce	material	planet	stress
34	serious	skill	region	natural	point	technology
35	shape	speed	remove	nervous	produce	thought
36	take care of	therefore	rise	position	quality	title
37	tiny	translate	solution	product	recent	total
38	topic	transport	solve	recommend	refuse	trust
39	trend	working	take place	flavour	reply	value
40	weak	writer	unfriendly	weight	volume	written



### Level 1 Vocabulary Quizzes – Cycle 2 & Cycle 4

#	Quiz 1	Quiz 2	Quiz 3	Quiz 4	Quiz 5	Quiz 6
1	aunt	across	activity	apartment	agree	arrive
2	boss	ago	alone	beginning	bill	bicycle
3	building	airport	bridge	born: be born	bottle	check
4	card	amazing	bring	build	bowl	complete
5	clear	around	capital	cash	chicken	cross
6	cloud	become	climbing	centre	cut	daily
7	club	busy	everywhere	company	dish	enter
8	copy	describe	forest	cooking	empty	exit
9	cousin	east	island	cost	fork	future
10	dry	final	join	dentist	gift	garage
11	farmer	follow	lake	dirty	grow	happen
12	few	front	loud	dressed	large	kill
13	file	full	map	engineer	lemon	lost
14	gate	high	mountain	far	line	mean
15	granddaughter	ice	national	friendly	list	mistake
16	grandparent	instruction	nature	grade	make sure	most
17	hobby	lose	nobody	kilometre	maybe	news
18	laugh	low	nothing	level	menu	passport
19	manager	next to	pool	license	midday	past
20	married	north	practice	litre	midnight	petrol
21	meeting	opposite	put sth on	market	neighbour	plan
22	moon	over	rest	middle	order	return
23	partner	police	save	nurse	salad	seat
24	repeat	quickly	someone	office	sauce	ship
25	secretary	simple	somewhere	painter	share	single
26	singer	slowly	take sth off	photograph	special	sit down
27	sky	south	tourist	photographer	spoon	space
28	surname	storm	umbrella	pilot	thirsty	straight
29	swimming	walking	usually	quiet	try	traffic
30	uncle	west	worried	worker	wonderful	trip



**Level 2 Vocabulary Quizzes – Cycle 2 & Cycle 4**

#	Quiz 1	Quiz 2	Quiz 3	Quiz 4	Quiz 5	Quiz 6
1	accident	advertisement	advanced	almost	appointment	adventure
2	actually	aged	against	already	case	among
3	along	battery	anybody	boil	certainly	attractive
4	believe	biology	ceiling	broken	cheque	away
5	brain	bright	danger	cap	coach	belt
6	castle	concert	discuss	carefully	colleague	beside
7	century	contact	document	centimetre	competition	bother
8	clearly	covered	double	channel	customer	corner
9	countryside	covering	explain	crowd	department	difference
10	crowded	cream	foreign	deep	diary	else
11	cycling	decide	gram	degree	discount	especially
12	gas	guess	guide	downstairs	earn	exist
13	guest	including	idea	entrance	electric	fan
14	highway	instead	improve	fit	engine	flight
15	include	interested	memory	fresh	except	further
16	international	jewellery	moment	goal	find out sth	glad
17	journey	lucky	negative	guy	immediately	hope
18	luggage	matter	normal	hill	insect	hurry
19	modern	must	plus	indoor	instrument	ourselves
20	motorcycle	perfect	possibly	invitation	leather	passenger
21	offer	pleasant	repair	least	licence	path
22	pack	pleased	rounded	lend	member	several
23	photography	pleasing	rubber	less	mineral	star
24	popular	programme	scissors	medicine	missing	suppose
25	prepare	racing	shelf	mixed	net	terrible
26	prepared	record	shout	myself	platform	the rest
27	receive	serve	sign	pale	prefer	themselves
28	square	silver	since	perhaps	railway	various
29	stove	slice	soft	probably	real	visitor
30	strange	sort	software	roof	rent	war
31	suitcase	staff	sure	runner	rented	well known
32	unusual	stage	tape	sink	sheet	wheel
33	whole	stair	through	temperature	spend	wide
34	wild	theatre	tour	view	underground	worrying
35	wood	uniform	variety	wet	worse, worst	yourself



### Level 3 Vocabulary Quizzes – Cycle 2 & Cycle 4

#	Quiz 1	Quiz 2	Quiz 3	Quiz 4	Quiz 5	Quiz 6
1	accurate	abroad	affordable	achievement	amaze	advise
2	alarm	accept	amount	active	amazed	asleep
3	alive	acceptable	annual	although	appear	based on
4	attack	achieve	careless	argue	appearance	blank
5	awful	advantage	complicated	average	article	confident
6	benefit	afford	damage	choice	at least	connection
7	birth	ancient	definitely	convenient	beautifully	development
8	bone	approve (of)	demand	deal with	beauty	expert
9	certain	ashamed	depend (on)	develop	because of	extremely
10	common	avoid	disadvantage	diet	buyer	generally
11	communicate	basic	eastern	disease	care	impossible
12	crime	behave	effect	effort	collection	intelligent
13	destroy	bury	environmental	encourage	comment	interest
14	disappear	celebrate	fuel	enjoyable	conclusion	invent
15	earth	celebration	government	equipment	correctly	metal
16	emergency	challenge	huge	essential	employ	normally
17	enormous	continent	in general	excuse	employee	operate
18	environment	customs	increase	fever	employer	opinion
19	familiar	design	local	flavour	employment	opportunity
20	female	differently	located	flu	fashionable	option
21	frightening	discover	location	frequently	give sth away	pay attention
22	guard	divorce	maximum	habit	improvement	permission
23	hunt	divorced	necessary	illness	industry	permit
24	invention	elderly	on board	importance	law	personally
25	involve	experience	original	in order to	lead	possibility
26	killing	flag	predict	individual	minimum	previous
27	laboratory, lab	method	provide	indoors	produce	purpose
28	mainly	neighbourhood	reduce	mile	quality	rarely
29	painful	object	region	mood	refuse	recently
30	perform	occasion	replace	organize	reply	recognize
31	pollution	period	rise	position	salary	select
32	professional	prevent	solution	progress	smile	service
33	protect	proud	solve	recommend	store	society
34	remain	relative	suggest	routine	supporter	stress
35	sight	require	suggestion	succeed	throw sth away	switch sth off
36	tent	respect	traveller	success	typical	technology
37	tiny	similar	truck	successful	ugly	thought
38	trend	skill	unfriendly	tiring	valuable	trust
39	warning	take part (in)	urgent	training	waste	unimportant
40	weigh	traditional	zone	weight	worth	whose